

FETTUCCINI ALFREDO (DAIRY FREE)

Ingredients:

- 1/2 cup vegan butter
- 2 cups unsweetened soy milk
- 4 ounces Tofutti vegan cream cheese
- 1 teaspoon lemon zest
- 5 large cloves garlic, minced
- 1 teaspoon garlic powder
- 1 1/2 teaspoons Italian seasoning
- 1/2 teaspoon black pepper
- 1/4 teaspoon salt
- 1 cup grated parmesan cheese (optional)



Instructions:

- (1) Combine all ingredients (except for the cheese) in a large pan and heat on medium-high until simmering, stirring frequently. Whisk ingredients together and allow to simmer until it reduces a bit (~ 10 minutes).
- (2) Stir in the parmesan cheese and continue to simmer for 5 minutes. Allow to further thicken if desired.
- (3) Serve with shrimp and garnish with red pepper flakes if desired.